

**Hero Central
2017 Vacation Bible School
July 10-14**

“Discover your strength in God”

We need volunteers to help in a variety of roles. Call Kelly Mitcham at 336-596-6581. You can now register children online at <http://2017.cokesburyvbs.com/FBCLEX> or pickup registration forms in the church office. Some items needed: masking, packing and colorful duct tape, fishing line, black spray paint, school glue, heavy duty construction paper (red, blue, yellow), tag board/poster board (white), tissue paper (yellow, orange, red), safety fencing (orange, yellow), foam insulation boards, sturdy boxes (prefer new), table cloths (4 red, 4 blue, 4 yellow), and 2 large refrigerator/freezer boxes.

“A Collection for the Children”

Like Paul collected an offering for the elder members of the Jerusalem Church, First Baptist Church is going to collect an offering of school supplies for our children in the city and county. All summer long you will hear about this mission emphasis and we plan to give out the supplies to people in need before the school year starts. We would like to be able to give out at least 500 book bags full of supplies. If each individual family in our church would do one book bag, this could be possible (but do not stop at one)! Below is a list of items we will collect:

- Regular size quality book bags
- Three-ring binders with individual subject dividers
- Ruled composition books
- Wide-college ruled notebook paper
- No. 2 pencils
- Glue sticks
- Crayons, 24-count
- Washable markers
- Colored pencils
- Flat pencil pouches

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June is National Safety Month

Falls threaten seniors' safety and independence and generates enormous economic and personal costs. Staying physically active is one of the best ways to improve your balance and prevent falls. The J. Smith Young YMCA offers Silver Sneaker classes focusing on cardio, weight training and balance, yoga, tai chi and water classes that also help to promote an active lifestyle and help prevent injury by promoting strength and balance. If you would like more information on any of our wellness programs, please contact Jen Fuller-Allen at jen@lexingtonymca.com or 336-249-2177.

If you are interested in trying one of these classes free of charge, please email or call Jen to make a reservation. You can view our schedule on our website at www.lexingtonymca.com or Jen can make class recommendations for you.

Meagan Smith is Moving this Weekend

Meagan Smith will be moving into her new apartment at 101 West 4th Avenue this Saturday. Volunteers are needed at 9:00 a.m. to help her unload the truck.

September 13 Wednesday Night Kickoff

Our Wednesday night fall season begins on September 13 with delicious BBQ Chicken from Tommy Poag. We are very excited to announce that multi-talented instrumentalist and vocalist Matthew Weaver along with legendary guitarist Clay Lunsford have agreed to come and perform for our event! You will not want to miss this evening of great fun, fellowship and award-winning entertainment.

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